Dream Interpretation….Intro Psych. 2014

What does a dream mean? Sometimes it is simply random stimulation or your brain trying to make sense of neurological impulses. However some people (psychoanalysts) believe dreams have deeper meaning.

Describe a dream you have had. What was it about? Who was in it? What were the sensory parts (sights, smells, tastes, sounds). If you can’t think of anything use a daydream, make one up, or use someone elses.

What happened? Content?

Sights?

Smells?

Sounds?

Colors

Anything else?

What do you think this dream means?

Now go to weebly and find dream interpretation links. According to the website, what might this dream mean?

Literal meaning?

Symbolic meaning?

After analyzing from your own perspective, which explanation makes the most sense? Why?

What does this dream tell you about what is going on in your own life?

Overall, was this assignment helpful? Why or why not?