**Packet 3b Adolescence:**

Physical Changes:

Girls:

Boys:

Timetable: There are certain patterns that correlate with when a person starts to mature: These are different for males and females when compared to average

Early Girls: Age of puberty \_\_\_\_

Characteristics:

Late Girls: Age of puberty \_\_\_\_

Characteristics:

Early Boys: Age of puberty \_\_\_\_

Characteristics:

Late Boys: Age of puberty \_\_\_\_

Characteristics:

Note: these are general characteristics and may not apply to all situations. There are things like temperament, environment, siblings, etc that influence behavior as well.

Identity: Discovery of the self, of who we are, is the main aspect adolescence.

Erikson Stage 5 identity vs. role confusion: We either find who we are and what we want to be or we become confused, lost and basically a mess

Marcia’s States of Identity: We all go through various states in our lives in which we search for our identity in a variety of things. These are measured by 2 things, **commitment** and whether you have **search**ed and checked out other possibilities.

Foreclosure:

Diffusion:

Moratorium:

Achievement:

You are going to be in different states of identity in different areas of your life.

Cognitive abilities:

Piaget: Formal Operations: Adolescents can think symbolically, hypothetically, and abstractly.

David Elkind: These new abilities lead to the adolescent going through a new sort of egocentrism based on their new abilities to think.

Personal Fable:

Imaginary Audience:

Invincibility Complex:

Kohlberg: Thinking abstractly gives us the ability to think on a higher moral level. However we don’t always do so even when we can.

Precoventional Reasoning:

1

2.

Conventional Reasoning:

1.

2.

Post Conventional Reasoning:

1.

2.

Critics of Kohlberg:

Carol Gilligan:

Examples of Reasoning: